

JOIN US FOR WEIGHT WATCHERS OPEN HOUSE

Come in and experience Weight Watchers with the added convenience and support of meetings* right in your workplace.

Jennifer Hudson



Weight Watchers Open House will be held:

The 17 (+1 free week) series is returning to Hoag Newport Beach – 2 different sessions

When: Tuesday – Sept. 25 @ 7:00a – 8:00a Cafeteria Meeting Room A (series starts Oct. 2 @ 7:00a – 8:00a)

OR Monday – Sept. 24 @ 11:45a – 12:45p 500 Superior Ste 360 Conf. Room A (series starts Oct. 1 @ 12p – 1p)

Who: All Hoag employees, spouses, volunteers, physicians, contract workers

What: \$186 credit card or check - minimum of 20 people must be signed up prior to the first meeting

Employee's joining WW@W will receive a \$100 incentive for weighing-in 14 of the 17 meetings at a Hoag at Work meeting

Contact: Vicky McGavack, Employee Health and Wellness
Vicky.mcgvack@hoag.org ext 45886

 **Weight Watchers**
NEW **PointsPlus** 